

12th HELSINKI OPEN

November 24th-26th 2017

The HPM wrestling club have the pleasure to invite your TEAM to take part in the 12th International Helsinki Open Wrestling Tournament with categories ranging from kids to seniors. The Tournament will be held November 24th-26th 2017 in Helsinki FINLAND.

STYLE FREESTYLE

RULES NORDIC A AND B POOL SYSTEM

WEIGHT CATEGORIES



**free
STYLER**

JUNIORS and SENIORS MALE Born in 1999 or earlier
57KG, 61KG, 65KG, 70KG, 74KG, 86KG, 97KG AND 125KG
(+2KG allowed)

JUNIORS and SENIORS FEMALE Born in 1999 or earlier
53KG, 58KG, 63KG, 69KG AND +69KG (+2KG allowed)
Timetable allows cadets to take part in senior category

CADET BOYS Born in 2000-2002
50KG, 54KG, 58KG, 63KG, 69KG, 76KG, 85KG AND 100KG

CADET GIRLS Born in 2000-2004
39KG, 42KG, 46KG, 49KG, 52KG, 56KG, 62KG AND +62KG

WEIGHT IN: FRI 24TH 19.30-20.00

COMPETITION: SAT 25TH 09.30-13.00^{CAD} 14.00-19.00^{JUN&SEN}

SCHOOLBOYS I Born in 2003-2004
42KG, 46KG, 51KG, 57KG, 64KG AND +64KG

SCHOOLBOYS II Born in 2005-2006
32KG, 35KG, 38KG, 42KG, 46KG, 50KG, 54KG, 62KG AND 73KG

SCHOOLGIRLS Born in 2005-2008
27KG, 30KG, 33KG, 37KG, 42KG, 48KG AND 55KG

KIDS I Born in 2007-2008
27KG, 29KG, 32KG, 35KG, 38KG, 42KG, 47KG AND +47KG

KIDS II Boys and girls born in 2009-2011
Categories will be decided after the weight-in

WEIGHT IN: SAT 25TH 19.00-19.30 OR SUN 26TH 09.00-09.30

COMPETITION: SUN 26TH 11.00-17.00

INFORMATION

REGISTRATIONS BY OCTOBER 25TH 2017

ACCOMMODATION AND TRAVEL INQUIRIES:

Mr. Hannu Rantala PHONE: +358503263569 FAX: +358102698558 EMAIL: hannu@painimiehet.fi

VENUE: HERTTONIEMENRANTA SPORTS HALL, PETTER WETTERIN TIE 5, HELSINKI



facebook: Helsinki Open Wrestling Tournament

www.painimiehet.fi