

PROGRAM – 10th Helsinki Open 2015

Friday 27.11.

14.00-	Hotel Forenom and sauna open
15.00-17.00	Weight In for dual meet in competition place
18.30-19.15	FIN – SWE seniors dual meet
18.55-19.40	SWE- EST seniors dual meet
19.20-20.00	EST – FIN seniors dual meet
19.30-20.00	Weight In cadet and senior in competition place
19.30-20.30	Dinner in competition place
21.00-	Banquet transportation from Hotel. Please register to banquet for referee Mika Voutilainen during competition

Saturday 28.11.

07.45-09.00	Breakfast for TEAMS in Dining Room (competition place)
09.00-13.00	Cadet male and female competition
11.00-13.00	Lunch at the competition place
14.00-18.30	Senior male and female competition
18.00-19.30	Dinner at the competition place

Sunday 29.11.

09.00-09.45	Weight In for 8, 10, 12 ja 14 -years
09.00-11.00	Lunch at the competition place
11.00	Teams to dining room
11.05-11.15	Opening seremonies
11:30-17.00	Competition for 8, 10, 12 ja 14 -years