



10th HELSINKI OPEN November 27th-29th 2015

The HPM wrestling club have the pleasure to invite your TEAM to take part 10th Helsinki Open and Youth Helsinki Open Wrestling Tournament. The Tournament will be held November 27th–29th 2015 in Helsinki FINLAND.

STYLE FREESTYLE RULES NORDIC A AND B POOL SYSTEM WEIGHT CATEGORIES





HISTORY

2014	82	TEAMS	AND	341	WRESTLERS
2013	61	TEAMS	AND	336	WRESTLERS
2012	46	TEAMS	AND	267	WRESTLERS
2011	48	TEAMS	AND	295	WRESTLERS
2010	41	TEAMS	AND	244	WRESTLERS
2009	37	TEAMS	AND	225	WRESTLERS
2008	37	TEAMS	AND	244	WRESTLERS
2007	42	TEAMS	AND	242	WRESTLERS

SENIORS and JUNIORS MALE (Born in 1997 or earlier) 61KG, 65KG, 70KG, 74KG, 86KG, 97KG AND 125KG (+2KG allowed) Timetable allows cadets to take part also in senior category SENIORS and JUNIORS FEMALE (Born in 1997 or earlier) 53KG, 58KG, 63KG, AND 69KG (+2KG allowed) Timetable allows cadets to take part also in senior category

CADET BOYS 15-17 years. Born in 1998-2000 50KG, 54KG, 58KG, 63KG, 69KG, 76KG, 85KG AND 100KG

CADET GIRLS 13-17 years. Born in 1998-2002 46KG, 49KG, 52KG, 56KG, 62KG AND 70KG **WEIGHT IN: FRI 27TH 19.30-20.00, COMPETITION: SAT 28TH**

SCHOOLBOYS I 13-14 years. Boys born in 2001-2002 42KG, 46KG, 51KG, 57KG AND +57KG

SHOOLBOYS II 11–12 years. Boys and girls born in 2003–2004 32KG, 35KG, 38KG, 42KG, 46KG, 50KG AND +50KG

KIDS I 9-10 years. Boys and girls born in 2005-2006 27KG, 29KG, 32KG, 35KG, 38KG, 42KG, 47KG AND +47KG

KIDS II 6-8 years. Boys and girls born in 2007-2009 Categories will be decided after the weight-in WEIGHT IN: SUN 29TH 9.00-9.45. COMPETITION: SUN 29TH

INFORMATION

REGISTRATIONS BY OCTOBER 27TH 2015 ACCOMMODATION AND TRAVEL INQUIRIES: Hannu Rantala PHONE: +358503263569 FAX: +358102698558 hannu@painimiehet.fi



facebook: Helsinki Open Wrestling Tournament www.painimiehet.fi