

# Helsinki OPEN

WRESTLING

10  
years



# 10<sup>th</sup> HELSINKI OPEN

## November 27<sup>th</sup>–29<sup>th</sup> 2015

The Finnish Wrestling Federation and HPM wrestling club have the pleasure to invite your TEAM to take part 10<sup>th</sup> Helsinki Open and Youth Helsinki Open Wrestling Tournament. The Tournament will be held November 27<sup>th</sup>–29<sup>th</sup> 2015 in Helsinki FINLAND.

**STYLE** FREESTYLE

**RULES** NORDIC A AND B POOL SYSTEM

## WEIGHT CATEGORIES



**SENIORS and JUNIORS MALE** (Born in 1997 or earlier)  
61KG, 65KG, 70KG, 74KG, 86KG, 97KG AND 125KG (+2KG allowed)  
Timetable allows cadets to take part also in senior category

**SENIORS and JUNIORS FEMALE** (Born in 1997 or earlier)  
53KG, 58KG, 63KG, AND 69KG (+2KG allowed)  
Timetable allows cadets to take part also in senior category

**CADET BOYS** 15–17 years. Born in 1998–2000  
50KG, 54KG, 58KG, 63KG, 69KG, 76KG, 85KG AND 100KG

**CADET GIRLS** 13–17 years. Born in 1998–2002  
46KG, 49KG, 52KG, 56KG, 62KG AND 70KG

**WEIGHT IN: FRI 27<sup>TH</sup> 19.30–20.00, COMPETITION: SAT 28<sup>TH</sup>**

**SCHOOLBOYS I** 13–14 years. Boys born in 2001–2002  
42KG, 46KG, 51KG, 57KG AND +57KG

**SCHOOLBOYS II** 11–12 years. Boys and girls born in 2003–2004  
32KG, 35KG, 38KG, 42KG, 46KG, 50KG AND +50KG

**KIDS I** 9–10 years. Boys and girls born in 2005–2006  
27KG, 29KG, 32KG, 35KG, 38KG, 42KG, 47KG AND +47KG

**KIDS II** 6–8 years. Boys and girls born in 2007–2009  
categories will be decided after the weight-in

**WEIGHT IN: SUN 29<sup>TH</sup> 9.00–9.45, COMPETITION: SUN 29<sup>TH</sup>**

## HISTORY

2014	82 TEAMS AND	341 WRESTLERS
2013	61 TEAMS AND	336 WRESTLERS
2012	46 TEAMS AND	267 WRESTLERS
2011	48 TEAMS AND	295 WRESTLERS
2010	41 TEAMS AND	244 WRESTLERS
2009	37 TEAMS AND	225 WRESTLERS
2008	37 TEAMS AND	244 WRESTLERS
2007	42 TEAMS AND	242 WRESTLERS

## INFORMATION

REGISTRATIONS BY OCTOBER 27<sup>TH</sup> 2015

ACCOMMODATION AND TRAVEL INQUIRIES:

Hannu Rantala

PHONE: +358503263569 FAX: +358102698558

[hannu@painimiehet.fi](mailto:hannu@painimiehet.fi)



facebook: Helsinki Open Wrestling Tournament  
[www.painimiehet.fi](http://www.painimiehet.fi)